

## **Help and support for Families**

We recognise that at times families may need some extra help, signposting or support, often this can be from friends, family or someone in the community but sometimes more may be required. Below are some of the places you might be able to find out more about the right support for your child and family.

### **Schools Offers**

At Ivington CE Primary and Pre-School, we are committed to providing comprehensive pastoral support to ensure the well-being and emotional development of all our pupils. Below, you will find information about the in-house pastoral support available to your child:

- **ELSA (Emotional Literacy Support Assistants):** We are fortunate to have two trained ELSAs in school who work with children to develop their emotional literacy and resilience.
- **Drawing and Talking:** This is an emotional literacy intervention designed to help children process their emotions and feelings through creative means.
- **Vennture:** A support service that provides practical and emotional assistance to our pupils, fostering a supportive school community.
- **Butterflies Play Therapy:** This therapeutic approach uses play to help children work through emotional difficulties and enhance their emotional well-being.
- **Signposting to CLD (Community Learning Development):** We guide and refer families to CLD services for additional support outside of school, ensuring a holistic support network for our pupils.

If you believe your child would benefit from any of these support services, please reach out to our school office to discuss your child's needs and how we can assist. We may require consent for certain interventions.

#### **Messy Church**

Messy Church is for people of all ages and great for families. We meet once a month, usually on a Thursday from 4-6pm.

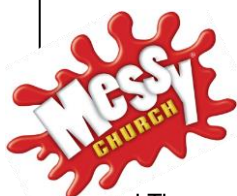
Upcoming dates are January 16th February 13th and March 20th at Leominster Priory. We have a different Bible story as our theme each month and explore it with lots of creativity often including paint and glue, science, colouring for grown ups, outdoor fun, edible crafts, reflective spaces, bubbles, playdough, junk modelling, and growing things.

Everyone gets to join in. We have a short celebration time lasting about 15 minutes where we think about the story, sing and say a prayer and then we all have a meal together before we go home.

If you can't come every time, that's ok - we'll always be pleased to see you and if some of your family want to come just for the meal, that's fine too.

Messy Church is a great place to get to know other families.  
If you don't believe in God or aren't sure what you believe, that's ok! You are very welcome!  
We don't charge anything for Messy Church so we always welcome donations and cakes!

To find out dates for Messy Church at Leominster Priory please contact [kathy@leominsterpriory.org.uk](mailto:kathy@leominsterpriory.org.uk)





### [Leominster Food Bank](#)

**Temporary Location** : the 'Secret garden' behind Leominster Town Council/Tourist Information. Access is through the top entrance to Etnam Street Car Park  
07563 000862

Alongside our twice weekly food bank, our friendly volunteers are available via phone, every Tuesday and Friday from 11am to 12pm, to help you access wellbeing information and provide signposting to local and countywide support, services, groups and activities.

We also offer...

**Food share:** Every Wednesday and Saturday at 2pm, to help support residents in the local community.

**Leominster Community Money Advice Connect Centre:** We offer free and confidential advice, to help you consider the different options available if you're experiencing money worries, you're in debt or need assistance with budgeting. To find out more, visit [www.leominsterfoodbank.org/support](http://www.leominsterfoodbank.org/support) or to book an appointment with a Money Mentor, call 07563 000862 or e-mail [cmamanager@leominsterfoodbank.org](mailto:cmamanager@leominsterfoodbank.org).



### [Parent Carer Voice Herefordshire](#)

Parent Carer Voice are a group of Herefordshire parent and carers working with the local authority and health partnership to ensure the needs of children up to the age of 25 years with disabilities, Special Educational Needs are met. We are a voluntary group who also work with local service providers.

[01432 340072](tel:01432340072)

[admin@pcvherefordshire.com](mailto:admin@pcvherefordshire.com)[www.parent-carer-voice-herefordshire.co.uk](http://www.parent-carer-voice-herefordshire.co.uk)

### [Home Start Herefordshire](#)

Home-Start believes that children need a happy and secure childhood and that parents play the key role in giving their children a good start in life and helping them to achieve their full potential. Home-Start Herefordshire is an independent charity which offers support, friendship and practical help.

[01432 371212](tel:01432371212)

[admin@HSHerefordshire.onmicrosoft.com](mailto:admin@HSHerefordshire.onmicrosoft.com)[www.home-startherefordshire.co.uk](http://www.home-startherefordshire.co.uk)



**St John's Church, Ivington,** is part of the Leominster Team Ministry.



Father Guy Cole is Rector for the Leominster Team Ministry, Revd Mark Long is Team vicar for the Eastern parishes and Revd Matthew Burns is Team Vicar for the Western Parishes. Jonathan Roberts and Fiona Honeysett are curates in our Team.

### Get in touch

Leominster Team Ministry  
The Leominster Team Ministry Office  
Forbury Chapel  
Church Street  
Leominster  
HR6 8NH

Revd Matthew Burns

[01568612124](tel:01568612124)

Team Office

[01568 612124](tel:01568612124)



### [Leominster Leisure Centre](#)

Coningsby Road, Leominster, HR6 8LL  
01568 612540 • [info@haloleisure.org.uk](mailto:info@haloleisure.org.uk)

We're proud to be a Talk Community Hub, to be a part of bringing people together and helping people connect to their local services and groups in their community.

Our hub here at Halo's Leominster Leisure Centre, is somewhere you can come along to, to access information to support your wellbeing and independence, and find out what's on in your local area. We have free internet access and a laptop here for you to use. There are free hot drinks, water and biccies too.

You'll have free access to our fantastic **JumplnGym** as part of our hub. JumplnGym gives your children the chance to play, learn and explore in a super soft safe environment, with accessible facilities. The beauty of JumplnGym is you get to supervise in comfort, while your children get to enjoy their own mini workout and have heaps of fun.

Our weekly social hub takes place on Thursdays from 1pm to 2.30pm. Come and along and join us.

JOIN US AT:  
**LEOMINSTER WARM WELCOME.**  
AT LEOMINSTER COMMUNITY CENTRE, HR6 8NJ  
ON THE 2ND & 4TH FRIDAY OF EACH MONTH

STARTING ON 12TH APRIL  
11AM - 2PM

TALK WELLBEING  
HEART HEALTH  
CHECKS

A  
COMMUNITY  
SPACE FOR  
ALL

HEALTHY  
LIFESTYLES TEAM  
+  
LOTS MORE

COME ALONG  
AND HAVE A  
CUPPA AND A  
CHAT

Leominster  
Community Centre

TALK COMMUNITY HUB



## Further help and support available in Herefordshire

### Children's Help and Advice Team (CHAT).

#### CHAT



Often families can solve their own problems, at times they may need support. If you need any advice or support for your child or your family, we recommend you share your worry with a professional you feel comfortable talking to or call CHAT (Children's Help and Advice Team within Early Help) if that works better for you and speak to an advisor.

A CHAT advisor can give advice over the phone, send you out information and signposting, or if needed, arrange a package of support through an Early Help Assessment to access a family support worker if required. This could include support from Children's Centre Services (for families with children aged 5 or under) or Early Help Family Support (for families with children 0-18, or up to 25 years with SEND)

We have information on a wide range of needs

Parenting support

Bullying

Family relationships

Online safety

Attendance

Behaviour worries

Mental health

Finances

And more

If you would like to seek help, advice and guidance for your family please contact our CHAT team to speak with an experienced CHAT advisor

**01432 260261**

Lines are open 9:00am to 4:30pm **Monday to Friday**



## Additional support for SEND – link to local offer and short breaks

- Herefordshire SEND local offer [Local offer special educational needs and disabilities – Herefordshire Council](#)
- Sendiass Hereford / Worcester [Welcome to SENDIASS Herefordshire and Worcestershire | Worcestershire County Council](#)
- Herefordshire Short Breaks Scheme [Short Breaks Scheme – Herefordshire Council](#)

## Wellbeing and Mental Health – Children

- CAMHS Herefordshire & Worcestershire [Herefordshire Child and Adolescent Mental Health Services | Herefordshire and Worcestershire CAMHS \(hacw.nhs.uk\)](#)
- CLD Trust [WELCOME | The CLD Trust](#)
- Kooth [Home - Kooth](#)

## Wellbeing and Mental Health – Adults

- Healthy Minds – Now We're talking [Welcome to NHS Talking Therapies | Talking Therapies \(hwhct.nhs.uk\)](#)
- Herefordshire Mind [Herefordshire Mind - Herefordshire's Local Mental Health Charity \(herefordshire-mind.org.uk\)](#)
- The Cartshed [Woodland wellbeing Herefordshire | The Cart Shed | England](#)

## Other support

- Turning Point [Herefordshire Recovery Service | Turning Point \(turning-point.co.uk\)](#)
- Women's Aid [West Mercia Women's Aid | WMWA is a full member of the Women's Aid Federation of England. \(westmerciawomensaid.org\)](#)
- WRASAC [Home - WMRSASC](#)
- Herefordshire Directory of Early Help [Herefordshire Directory of Early Help Services](#)
- Virtual Family Hub – TC Directory – [Virtual Family Hub - Talk Community Directory](#)
- Parenting Courses [Parenting groups and courses – Herefordshire Council](#)

Herefordshire Council also offer free online parenting courses available in: English, Arabic, Chinese, Urdu, Bulgarian, Polish, Somali, Urdu, Welsh.

To sign up for the courses, visit [www.inourplace.co.uk](http://www.inourplace.co.uk) and select 'register' in the top right-hand corner of the page. Once registered, you'll be asked for an access code, which is **APPLEHERE**.



## Welcome to your place for emotional health and wellbeing

E-learning for parents and families. Brought to you by the Solihull Approach NHS team.

[View Courses](#)

